



PRACTICING **MINDFULNESS WITH CHILDREN**

MARCH 5, 2016

10:30AM-12:00PM

S. LAMAR CAMPUS

4622 S. LAMAR 78745

Join our beloved Dr. David Zuniga to learn mindfulness techniques to use with your children in the home. What a great practice to get involved with as a family!

To learn more about David's work or for more free resources on this topic visit: www.drdaavidzuniga.com

TO REGISTER FOR THE SESSION OR TO RESERVE CHILDCARE RSVP TO WHITNEY@MARIPOSAMONTESSORI.COM