

STRESS & COPING DURING THE COVID-19 PANDEMIC

With David Zuniga, PhD, MDIV, MA

Thursday, April 2, 2020
12:00 - 1:00pm (CST)



TEXAS ONCOLOGY FOUNDATION PRESENTS
SURVIVE & THRIVE WEBINAR SERIES

WWW.SURVIVETHRIVEWEBINAR.COM

Cancer Amid COVID-19: Navigating Your Wellness Among a Pandemic

Connect with others whose lives have been affected by cancer

The Survive & Thrive Webinar Series focuses on survivorship skills and wellness issues for cancer survivors, loved ones and caregivers.

Webinar Speaker:

David Zuniga, PhD, MDIV, MA, is a Licensed Psychologist practicing in Austin, Texas. His expertise includes mindfulness, spiritual integrative counseling, grief, loss, and wellness. Dr. Zuniga is a writer and speaks internationally on topics related to mindfulness and psychology. He has been honored to speak at some of the leading academic conferences in the world. Dr. Zuniga provides workshops and talks covering a wide array of subjects to audiences with diverse needs and interests, making the information relevant to all cancers and chronic or incurable illnesses. Visit www.drdauidzuniga.com for more resources.



Register for FREE today at
SurviveThriveWebinar.com

Join the Webinar

Thursday, April 2
12:00 -1:00 pm (CST)

Stress & Coping During the COVID-19 Pandemic

Reflect upon some of the unique challenges faced by cancer patients and caregivers (both lay and professional), and explore practical coping mechanisms and techniques.

The Texas Oncology Foundation provides support to cancer patients in the communities where they live, work and receive treatment.

Presented by
TEXAS ONCOLOGY
More breakthroughs. More victories.®

For questions, please call 972-490-2930