

Presenting Sponsor

TEXAS ONCOLOGY

More breakthroughs. More victories.®

TEXAS ONCOLOGY
FOUNDATION
Virtual Experience

SURVIVE & THRIVE VIRTUAL EXPERIENCE

3-WEEK EXPERIENCE • FEBRUARY 24 - MARCH 17, 2022

Texas Oncology Foundation is hosting this 3-week program, creating a space for patients to take a deeper dive into the emotional, spiritual and physical aspects of cancer. Each week starts with a live speaker presentation tied to that week's theme. The week continues with self-selected workshops, intimate support group sessions and community connections.

Expert Presentations

Late & Long-Term Effects of Treatment

Living Fully Amidst the
Fear of a Recurrence

Survivorship Story

Personalized Support

Groups meet once a week

Evening Sessions | Mondays, 6:00-7:30pm

Daytime Sessions | Tuesdays, 11:00am-12:30pm

Engaging Workshops

Integrative Medicine

Journaling

Nutrition: Winning in the Market Place

QiGong

Yoga

For More Information



Only \$25 to Register Today!
txofvirtualexperience.com

CAMP EXPERIENCE

THURSDAY, FEBRUARY 24 • THURSDAY, MARCH 17

WEEK 1

- Thursday, Feb. 24 FIRST DAY OF CAMP!
Welcome from Camp Director
Live Speaker | 11:00am-12:00pm
Late & Long-Term Effects of Treatment
- Monday, Feb. 28
Support Group:
 • Evening | 6:00-7:30pm
- Tuesday, March 1
Support Group:
 • Daytime | 11:00am-12:30pm
Workshops:
 • Yoga | 1:00-2:00pm
 • Journaling | 3:00-4:00pm
- Wednesday, March 2
Workshops:
 • QiGong | 11:00am-12:00pm

WEEK 2

- Monday, March 7
Live Speaker | 11:00am-12:00pm
Living Fully Amidst the Fear of a Recurrence
Support Group:
 • Evening | 6:00-7:30pm
- Tuesday, March 8
Support Group:
 • Daytime | 11:00am-12:30pm
Workshops:
 • Yoga | 1:00-2:00pm
 • Journaling | 3:00-4:00pm
 • Nutrition | 6:15-7:00pm
- Wednesday, March 9
Workshops:
 • QiGong | 11:00am-12:00pm
 • Integrative Medicine | 2:00-3:00pm

WEEK 3

- Monday, March 14
Live Speaker | 11:00am-12:00pm
Survivorship Story
Support Group:
 • Evening | 6:00-7:30pm
- Tuesday, March 15
Support Group:
 • Daytime | 11:00am-12:30pm
Workshops:
 • Journaling | 3:00-4:00pm
- Wednesday, March 16
Workshops:
 • QiGong | 11:00am-12:00pm
- Thursday, March 17
 LAST DAY OF CAMP!
Wrap Up | 6:00-7:00pm

ALUMNI PRICING!

Returning Participants -
 \$15 registration cost
 (details included in online registration)